

INDIANA HIGH SCHOOL BOWLING COACHES' CLINIC

SUNDAY, OCTOBER 8, 2018. 10:00AM – 3:00PM

MIKE AULBY'S ARROWHEAD BOWL, 2331 BROTHERS DR, LAFAYETTE, IN 47909

Special Guest Speaker - Stephen Padilla - USBC Director of Coaching

800-514-2695 - Stephen.padilla@bowl.com - www.bowl.com/coaching



Stephen Padilla is the Director of Coaching Certification and Development for the United States Bowling Congress, and has been an Assistance Coach for Team USA for the past 8 years. Stephen bowled collegiately before beginning his coaching career with The Kegel Training Center in central Florida and has since earned the title of USBC Gold Level Coach. He's been recognized by the United States Olympic Committee as the Developmental Coach of the Year while coaching Team USA's top athletes to over 100 gold medals in international competition.

Check in: 9:00-10:00am

Steve Kunkel - Rules Update: 10:00-10:30am

Stephen's Agenda: 10:30am to Noon

USBC Coaching update

- Coaching Teams
 - Coaching Philosophy
 - The Lanes
 - Equipment
 - Patterns
 - Ball Motion

Q&A throughout

Afternoon: 12:30 pm to 3pm

- Coaching Individuals
 - Learning Styles
 - Physical Game (Two-Handed Bowlers)
 - Mental Game

Q&A throughout

NAME: _____ **SCHOOL:** _____

EMAIL: _____ **PHONE:** _____